

## LESSON 1: A Heart Submitted Handout

**SERIES:** Practical Ways of Walking in your GOD-given Authority > POSITIONED for Authority > Submitted to GOD > Lesson 1: A Heart Submitted

- GOD wants us to really grasp and understand that we have AUTHORITY! HE gave it to us in the beginning and went to great lengths to restore to us. HE WANTS US TO USE IT.
- There were 3 segments the SPIRT portioned out to me:
  1. The **POSITION of Authority** or **Being POSITIONED for Authority**
  2. **The ASCERTAINMENT of Authority** - What is the scope, territory, context of our Authority.... again from a practical perspective
    - Some common synonyms of ascertain are determine, discover, learn, and unearth. While all these words mean "to find out what one did not previously know," ascertain implies effort to find the facts or the truth proceeding from awareness of ignorance or uncertainty.
  3. **Applying our Authority**.... knowing how to rightly apply our authority in various situations and circumstances.
- Of those 3, we began a dive into the POSITION OF AUTHORITY
  - Within this segment we FOCUSED on the position of SUBMITTING TO GOD and have begun to break this down and better understand it practically and not just with a religious or ritual mindset
  - So, we know in order to walk in TRUE Authority you must be *UNDER* Authority
    - **SCRIPTURES Referenced:**
      - In Matthew 7:28-29 it says
        - Now when *Yeshua* had finished these words, the crowds were astounded at His teaching, **29** for He was teaching them as one having authority and not as their *Torah* scholars.
      - In John 5:19 (this is a separate encounter NOT a direct response (time wise) to the statement in Matthew.
        - Therefore *Yeshua* answered them, "Amen, amen I tell you, the Son cannot do anything by Himself. He can do only what He sees the Father doing. Whatever the Father does, the Son does likewise.

- Then also in John 12:49-50
  - For I did not speak on My own, but the Father Himself who sent Me has commanded Me what to say and speak. **50** And I know that His commandment is life everlasting. Therefore what I say, I say just as the Father has told Me.”
  
- Matthew 8:5-10

Now when *Yeshua* came into Capernaum, a centurion came begging for help. **6** “Master,” he said, “my servant is lying at home paralyzed, horribly tormented.” **7** *Yeshua* said to him, “I’ll come and heal him.”  
**8** But the centurion said, “Master, I’m not worthy to have You come under my roof. But just say the word and my servant will be healed. **9** For I also am a man under authority, with soldiers under me. I say to this one, ‘Go!’ and he goes; and to another, ‘Come!’ and he comes; and to my servant, ‘Do this!’ and he does it.” **10** Now when *Yeshua* heard this, He marveled and said to those who were following, “Amen, I tell you, I have not found anyone in Israel with such great faith!
  
- When it comes to submitting to GOD, the true sense of it is COMPLETE. Meaning we submit ALL.... Total surrender.
  - “Submit” means to give in or yield to the authority of another person or power. It's a fundamental biblical concept that involves surrendering one's will to a higher authority.
    - One of the definitions of the word “YIELD” means to give right of way to other traffic. What came to me when I saw that was when we deny or lay down our flesh... wants and desires and allow HOLY SPIRIT to flow.... We give right of way to the traffic of the SPIRIT instead of the FLESH.
  
  - We saw Ruth as an example (**Scripture Referenced: Ruth 1:8-18**)
    - Ruth is such a picture of us... those grafted into the covenant. Ruth was not brought up in God’s ways, nor did she fully understand all the provision available within the covenants that God made with his people. But because she submitted her heart and life to Naomi in every way, she was able to reap the benefits of God’s covenant, in scripture, we see where she first made a covenant vow of submission when she did NOT want to return to Moab but instead stay with Naomi. Then she heeded every instruction given to her by Naomi... no matter how small or how weird.... she submitted. And through that she not only received full restoration and MORE in her own life, but also was able to redeem Naomi and the entire bloodline. Not to mention being able to be, the great-grandmother of king David, and ultimately be in the lineage of God’s promised redeemer, YESHUA.

- GOD's original intent and purpose for Submission was to be positioned for blessing and success NOT to be trampled on and taken advantage of.
- We know that submission to GOD is first and foremost, but HE often gives us earthly examples on which to apply kingdom principles (in this case submission to Parents, Spouse, Those in Authority and Each other)

**SCRIPTURES Referenced:**

- Parents
    - Ephesians 6:1-2
      - Children, obey your parents in the Lord, for this is right. [a] **2** "Honor your father and mother" (which is the first commandment with a promise)
  - Spouses
    - Ephesians 5:21-25
      - Also submit yourselves to one another out of reverence for Messiah— **22** wives to your own husbands as to the Lord. **23** For the husband is head of the wife, as Messiah also is head of His community—Himself the Savior of the body. **24** But as Messiah's community is submitted to Messiah, so also the wives to their husbands in everything. **25** Husbands, love your wives just as Messiah also loved His community and gave Himself up for her
  - Those in authority
    - Romans 13:1-2
      - Let every person submit himself to the governing authorities. For there is no authority except from God, and those that exist are put in place by God. [a] **2** So whoever opposes the authority has resisted God's direction, and those who have resisted will bring judgment on themselves
  - Each other
    - Ephesians 5:21
      - Also submit yourselves to one another out of reverence for Messiah
- Submitting to each other is a very clear exercise in humility. Submission works humility into our hearts and character.

**SCRIPTURES Referenced:**

- 1 Peter 5:6-7
  - Therefore humble yourselves under the mighty hand of God, so that He may lift you up at the appropriate time. **7** Cast all your worries on Him,<sup>[c]</sup> for He cares for you.
  
- Ephesians 4:2-3
  - Be completely humble and gentle; be patient, bearing with one another in love.
  
- Micah 6:8
  - He has shown you, O mortal, what is good. And what does the LORD require of you? To act justly and to love mercy and to walk humbly with your God.
  
- We saw that WORSHIP is an action that exercises and represents Submission and Humility.
  - In the Bible, bowing down is a physical action that expresses worship and respect, and it indicates who someone loves and trusts. Throughout scripture bowing down was a foundational posture of worship.
  
- So, this week I have a practical application challenge for you:
  - Every day this week, take a time that you would usually use for something else (examples: watching TV, playing a game (physical or on your phone), a meal time, reading, etc.) and instead spend it in a time of worship.
  
  - This challenge should be a time that is SEPARATE from any time you already have designated for your quiet time with GOD, reading the Word etc. So, this challenge would be in addition to any other time you already have set aside to be with the LORD.
  
  - To help you I have Spotify playlists available. Links will be on Band but you can use whatever worship music you like.
  
  - **DUE NEXT WEEK @ First Fruits (3/1):** Prepare to share any testimonies you have from the week and/or what worship song ministers to you and why.

***BE BLESSED, REFRESHED, EXPANDED AND PROPELLED INTO HIS PRESENCE THIS WEEK!***